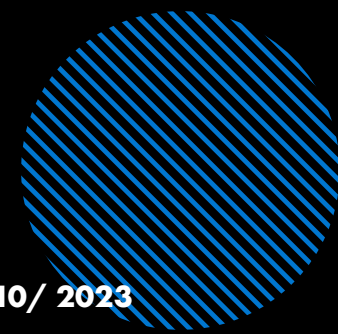


INNER CIRCLE
OCTOBER



#10/ 2023

This month
The Power of Integrated
Learning & Limited Time

innovative LANGUAGE.COM

WELCOME TO THE INNER CIRCLE

This is the monthly no-holds-barred newsletter giving you tried and tested learning methods to help you reach your language goals this year.

Last time, you learned about the power of adjusting your goals when plans change and life gets in the way. And that's because neither of us was able to get a seat at the DELF exam (French Language Proficiency Test) in November. So, plans had to change a bit.

Now, did we hit our goals this month?

KYEJIN'S PROGRESS

THIS PAST MONTH

This past month:

- Started taking FrenchPod101 Live Private Classes
- Changed her yearly goal: do 2x 5-minute presentations in French

Next goals:

- Continue FrenchPod101 Live Private Classes.
- Prepare for presentations in November.

Instead of re-taking the B1, Kyejin's French teacher is allowing her to do 2x 5-minute presentations in French. One goal is as good as another.

On top of that, Kyejin was able to join FrenchPod101's Live Private Classes.

And these classes are just 30 minutes, unlike the 1-hour Group Classes. And the interesting thing about shorter classes is that it allows for the time to be used more efficiently. She can focus better. Because of the shorter time frame, she has to make it count and focus on practicing what she learned rather than learning, which can be done on her own time with FrenchPod101.

On top of that, these classes are integrated with FrenchPod101. Meaning, Kyejin is not learning words here, grammar over there, and something else way over there.

What she learns on FrenchPod101 is connected to the FrenchPod101 Live Group Classes. So, she can learn French ahead of time on her own and then practice that in the classes for total mastery.

PETER'S PROGRESS

THIS PAST MONTH

This past month:

- Back on track with routine after being sick
- Will take a mock DELF test (A2) via his language school in November

Next goals:

- Prepare for the test
-

I am back on track after being sick.

And my school has agreed to give me a mock DELF test to make up for my not being able to take the actual test. One goal is as good as another.

As such, my next goal is to prepare for the test.

TAKEAWAYS FOR YOU

1. WHAT CAN YOU DO IN YOUR LIMITED TIME?

We've run survey after survey, year after year, and the answer is always the same.

"Not enough time" is the #1 biggest hurdle to learning a language. Myself included.

In fact, it's a recurring theme with the Inner Circle as well.

But we all do have small pockets of time that we can take advantage of. And on the bright side, you're much better off learning in short bursts rather than cramming for hours anyway. It's better for your energy, your memory, and your schedule.

Which is why Kyejin prefers the 30 minute classes.

So, asking, "What can you do in your limited time?" is a good way to approach language learning. Despite our impatient desire to "get results now" and aversion to "if I am not making a lot of progress this very second, there's

no point," ...the little time you put in begins to add up, and your effort begins to snowball. 5 minutes becomes 10 minutes. 10 minutes becomes 20 minutes. You start understanding more, speaking more, and leveling up your language.

Plus, if you want to build a habit of learning..

Building a strong habit relies more on the frequency than the total time spent. You're better off having many 5-10 minute sessions than a few 4 hour sessions (if they don't overwhelm you into quitting).

SO, HERE'S WHAT YOU CAN DO:

- Review the word of the day - takes 1-2 minutes.
- Take the lessons in the pathway - takes 3-15 minutes, depending on the lesson
- Review the lessons you've taken
 - ↳ Takes 3-15 minutes if you're re-taking the whole lesson
 - ↳ Takes a minute if you're reviewing the Dialogue Track and the Review Tracks
- Practice speaking by reading a lesson dialogue out loud - takes 1-2 minutes
- Write out the Lesson Dialogue for better retention - takes 1-3 minutes
- Review Flashcards - takes 5-10 minutes ,depending on the size of your deck
- Read through the Lesson Notes of a lesson you have already completed - takes 2-3 minutes
- And much more.

2. IS YOUR LEARNING INTEGRATED? OR ARE YOU ALL OVER THE PLACE?

Most language learners are learning words with this app.... phrases with random YouTube videos... and maybe reading with another textbook over there.

Is this bad?

Well, if you want the best return for your time investment, it's not great. And especially so, if you're on limited time.

To genuinely learn, you need:

1) input of new information/learning, 2) practicing using it, and 3) testing and assessing yourself. If you're low on time, you may not get enough practice in. And if you skip the practice, then learning is a lot like pouring water into a leaky bucket — what you learn goes in one ear and out the other.

So, if you're learning here, there, and over there with multiple resources — which is NOT bad in itself — you'll have to incorporate practice and assessment and have to sink in even more time. Most people won't and their resources likely don't incorporate practice and assessment either.

A more focused approach will do you better.

Which is why our learning pathways include Multiple-Choice and Hand-graded Assessments. So that you're constantly shifting from learning to practice and assessment. And, of course, if you're a Premium PLUS member, you can go on to practice some more with your teacher.

RESOURCES MENTIONED

FrenchPod101 Live Private Classes

<https://www.frenchpod101.com/live-private-classes>

A brand new program, similar to Live Group Classes, except with private 1-on-1 lessons.

Also available on JapanesePod101, KoreanClass101, ItalianPod101, GermanPod101, ChineseClass101, EnglishClass101, SpanishPod101, ThaiPod101 and PortuguesePod101.

Multiple-Choice and Hand-Graded Assessments

Assessments are peppered throughout your learning pathway and test you on what you've learned in the last few lessons. That way, you get to test and assess your language skills as you learn.

Premium **PLUS**

Includes everything in the Premium plan, plus your own teacher.