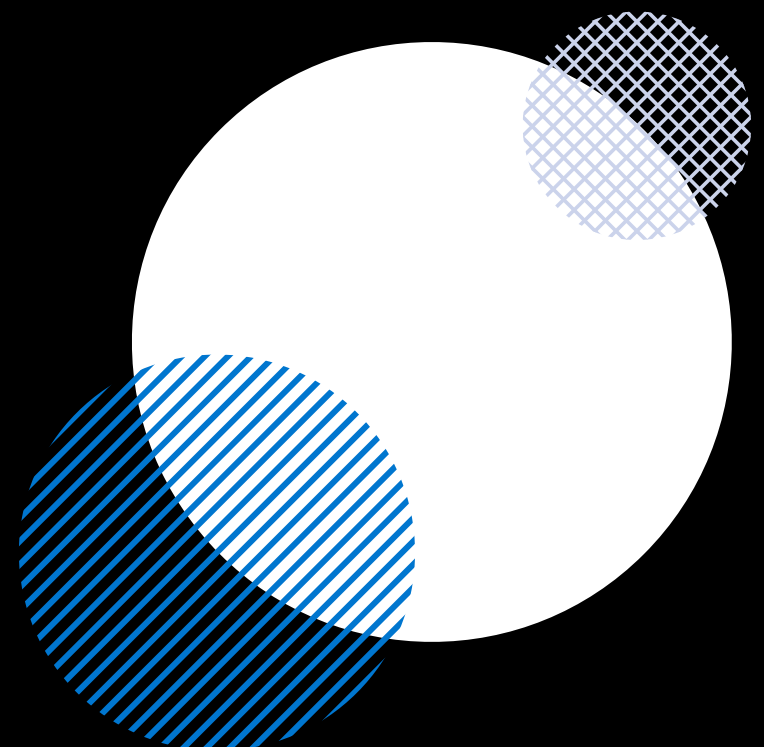
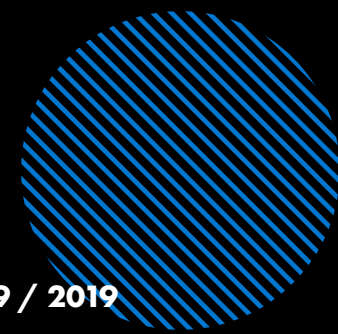




INNER CIRCLE SEPTEMBER



#9 / 2019

This month

How Tipping Points Bring You
Closer To Mastering a Language.

innovative LANGUAGE.COM

Welcome
back to the
Inner Circle,
listeners.

Last time, you learned about the power of mistakes. And how making mistakes in public helps you learn 10x faster. The only downside of talking about a topic like this is... it's easy to talk about, and hard to do.

Most people won't go and make mistakes willingly. Especially in another language.

That's a decision you have to make on your own.

THIS TIME, WE'RE TALKING ABOUT **TIPPING POINTS**

They're small victories that give you confidence and let you know you're going to make it. Sure-fire signs that you're on the right track. Like, making a decision to talk to natives and be okay with making mistakes.

Tipping points are not immediately recognizable, but they're very important to your language progress. So, today, you'll learn...

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1. Why tipping points are crucial for confidence and languages
2. How you can tell when you're reaching one
3. How I reached tipping points with Korean this month

To give you an idea of what a tipping point is... imagine the gym on a Friday night.

Not 5PM or 7PM. I'm talking 10PM and later.

If you've ever been to a gym on a Friday night, there's a very interesting group of people. In fact, they're the most fit and committed people you'll ever see. While the rest of us are enjoying our weekend, they're at it.

The first time I went to a gym on a Friday was when I knew "I was going to make it."

The fact that I chose my health and body on a Friday night – that's a tipping point.

So what does this have to do with language learning?

Let's get into the first point.



WHY TIPPING POINTS ARE CRUCIAL FOR CONFIDENCE AND LANGUAGE LEARNING.

It works the same way with languages.

For example, If you are...

- Studying your target language at 2AM instead of sleeping
- Taking lessons with a tutor on a Friday night instead of going out
- Using the lessons on the Innovative Language 101 App instead of swiping endlessly down your social media feed
- Watching Weekly Words Lessons instead of regular YouTube Videos

If you find yourself doing these, you've reached some great tipping points. It's when you, your actions, your decisions and your free time shift from usual routines like watching TV towards the goals you really want – like mastering language.

And it's crucial for your confidence and overall language learning. Why?

This is cold, hard evidence that you're on the right track and you're going to make it.

Learning a language, like life and getting better at other skills, comes down to where you put in your time. The more time you put in, the better your results. Think of Malcolm Gladwell's 10,000 rule.

Except, you don't need that much time to master a language.

But how can you tell that you're on the right track?

And how do you know you're reaching tipping points?

Note: If you're interested, there's a feature called "My Report" that you can find in "My Account" on the website. This tracks the time and effort you've put into learning your target language with our learning system.



HOW YOU CAN TELL WHEN YOU'RE REACHING A TIPPING POINT.

Picture this. You're learning a language in your free time. You have a small goal set.

As a result, you start making certain choices. In a precious Inner Circle, we talked about "labeling time." Flight time is labeled as movie watching time. Commutes are labeled as "stare at your iPhone" time.

People with goals and interests label their time differently. Because they have goals and interests, they choose their tasks differently. They start leaning more towards their goals. If they're on the train, they now label that time as a time to review vocab instead of checking email.

Between watching TV and mastering a language, they choose language.

Here's an easy example. Imagine this: last week, you started with 10 minutes of learning and 50 minutes of TV a day. Then, it grows.

This week, you spend 20 minutes on language, 40 minutes on TV. You're on your way to reaching a tipping point.

Soon, you're at an even split of 30 minutes a piece. And when your time spent on language surpasses TV, you've hit a tipping point.

Here's how you can tell you're reaching or have reached a tipping point:

- Take a look at how much time you spend on a language.
- Take a look at your recent choices of activities.
- Is language learning advancing beyond and outweighing your other free-time activities?
- Are you automatically choosing language over other options?

Again, the My Report feature can offer some great insights into how much time you

spend on a daily basis on our lessons. If the time you put in goes up, especially on a daily basis, then you're definitely on the right track.

And you can also push yourself to reach a tipping point as well.

This is simple.

It's just a matter of putting in more time. Again, if you started with 10 minutes a day last week, bring yourself up to 20 minutes a day this week. I often ask you to set small, measurable goals with deadlines every month.

Next month, add an extra 10 minutes, an extra hour or even a day to your routines. Or even better, start now.

What about my monthly goals and tipping points?



HOW I REACHED TIPPING POINTS WITH KOREAN THIS MONTH

If you've learned languages long enough, you'll start noticing these points.

This past month, I've noticed a few as well with Korean. They're easily recognizable in hindsight.

1. I've been listening to new KoreanClass101 lessons with the Innovative Language 101 App on my commutes. Instead of checking emails.
2. I've been reviewing my Korean Grammar book and neglecting my current reading. Why? Nowadays I'm thinking of my next Korean goal and how to speak better.
3. I've been watching Video Lessons on YouTube instead of my other subscriptions. These are a quick way to boost vocab.

And mind you, this is on top of my already existing study routines – Skype sessions with my tutor, assigned KoreanClass101 lessons and reading and writing assignments from my Premium *PLUS* teacher.

The fact that I'm leaning towards EXTRA study time is a very good sign.

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HITTING MY GOAL WAS NOT A PROBLEM

It's like the guys at the gym at 10PM on Friday. It gives me confidence that I'm on the right track.

So, hitting my promised 15-minute goal for September was not a problem.

For October, I plan to aim for 17 minutes of Korean conversation.

How about you?

What's your monthly goal? Be sure to set it and stick to it.

Also, let me know – have you had a language learning tipping point? Or are you close to one? Are you seeing your free time shift towards language learning?

Shoot me an email at inner.circle@innovativelanguage.com

And stay tuned for the next Inner Circle!

To your fluency,

Peter Galante

Founder, InnovativeLanguage.com